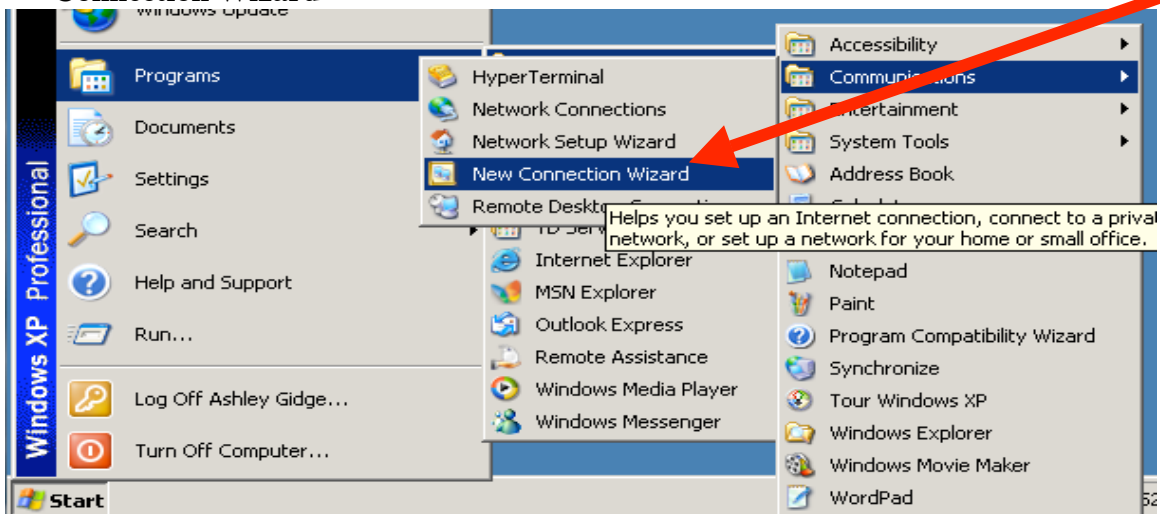
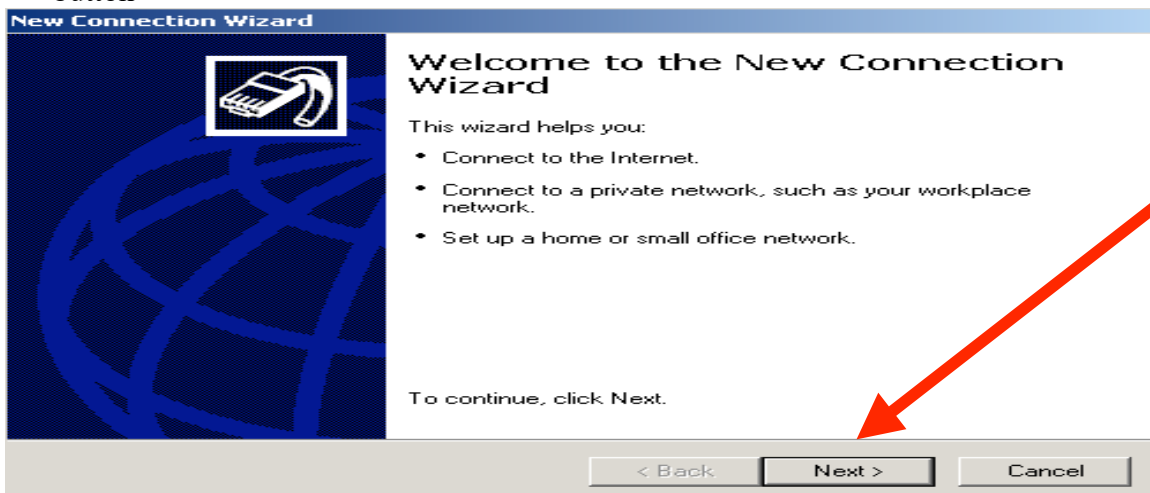


# Configuring your Cable Modem with Windows XP

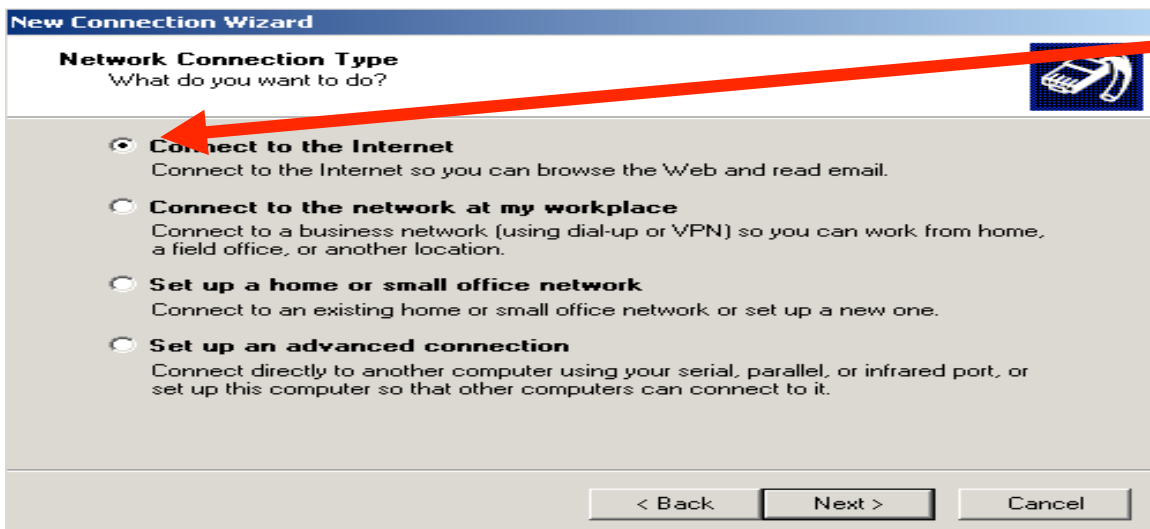
1. Click **Start**, point to **Programs**, **Accessories**, **Communications**, and **New Connection Wizard**



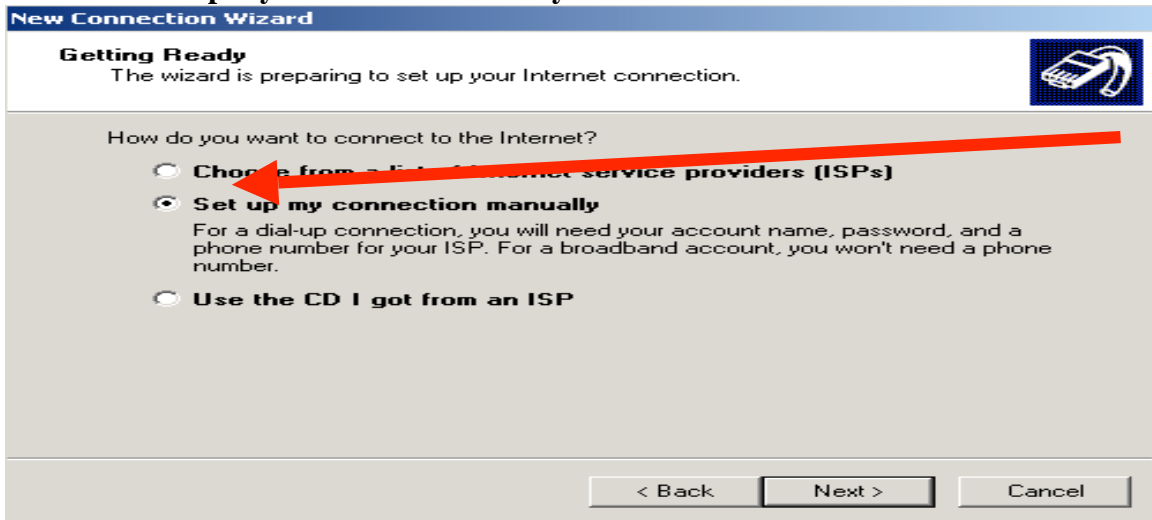
2. The first window introduces you to the New Connection Wizard. Click the **Next** button



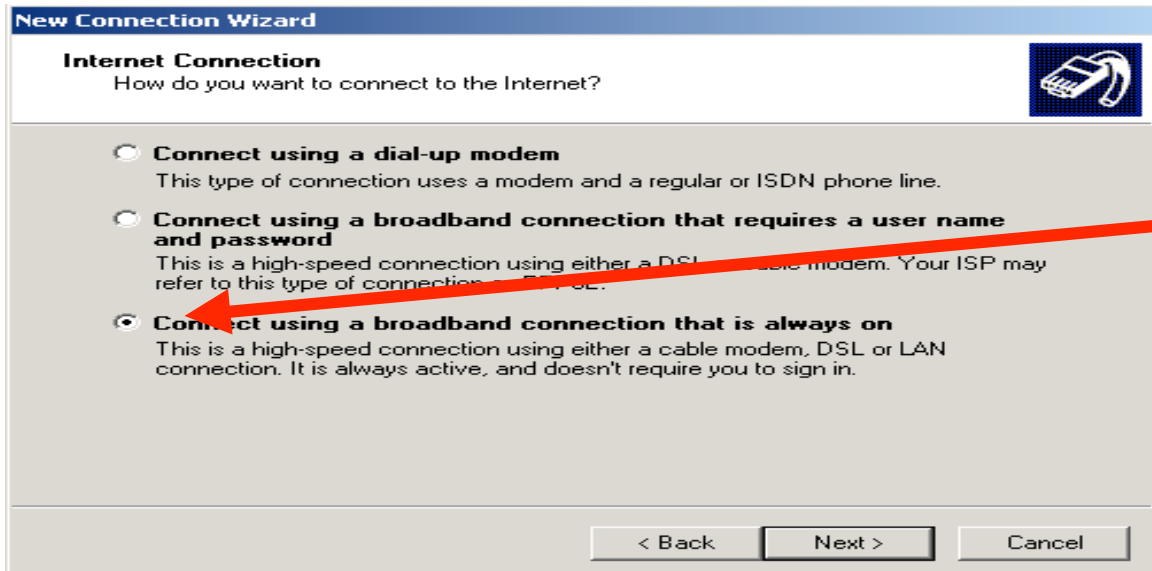
3. Click the button next to **Connect to the Internet**. Click the **Next** button



4. Select **Set up my connection manually**. Click the **Next** button



5. Select **Connect using a broadband connection that is always on**. Click the **Next** button

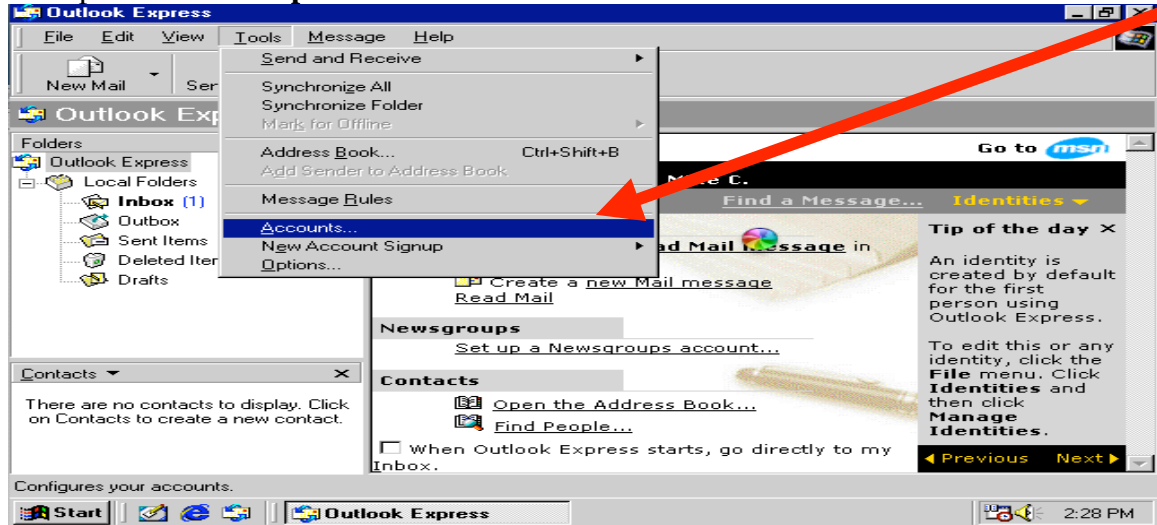


6. Click the **Finish** button to complete the New Connection Wizard

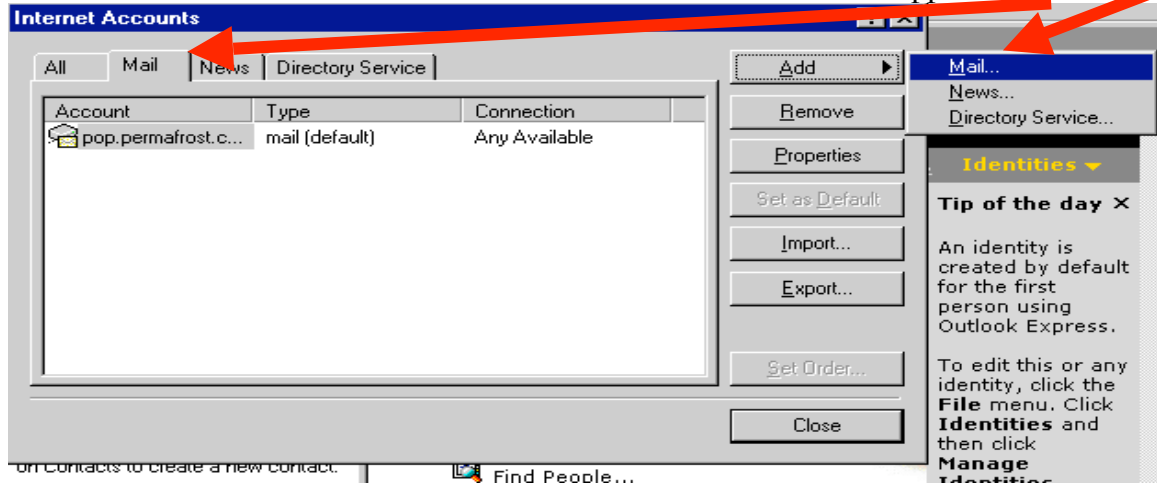


# Configuring your Internet Mail account

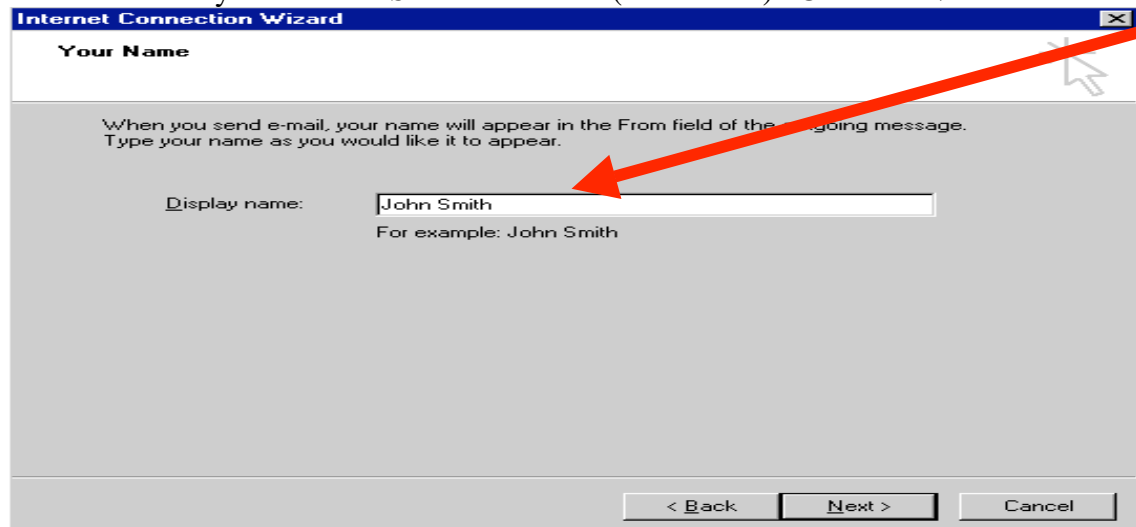
1. Open Outlook Express and click the Tools Menu and choose Accounts.



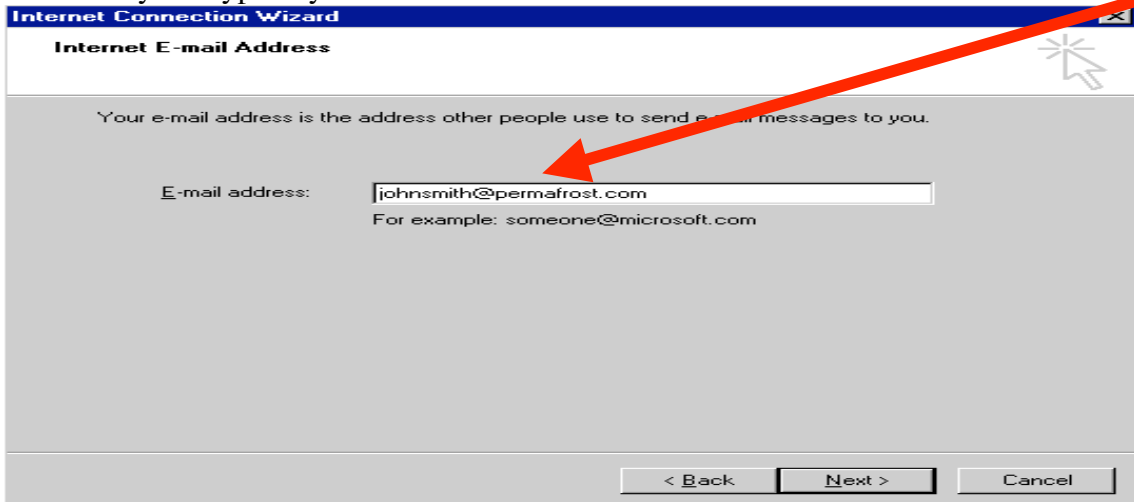
2. When the Internet Accounts window appears, select the Mail tab towards the top.
3. Click on the Add button and choose Mail from the submenu that appears.



4. The first step is to type your Display Name. A display name can be your name or the name of your Internet Service Provider (Permafrost). Click the Next button.

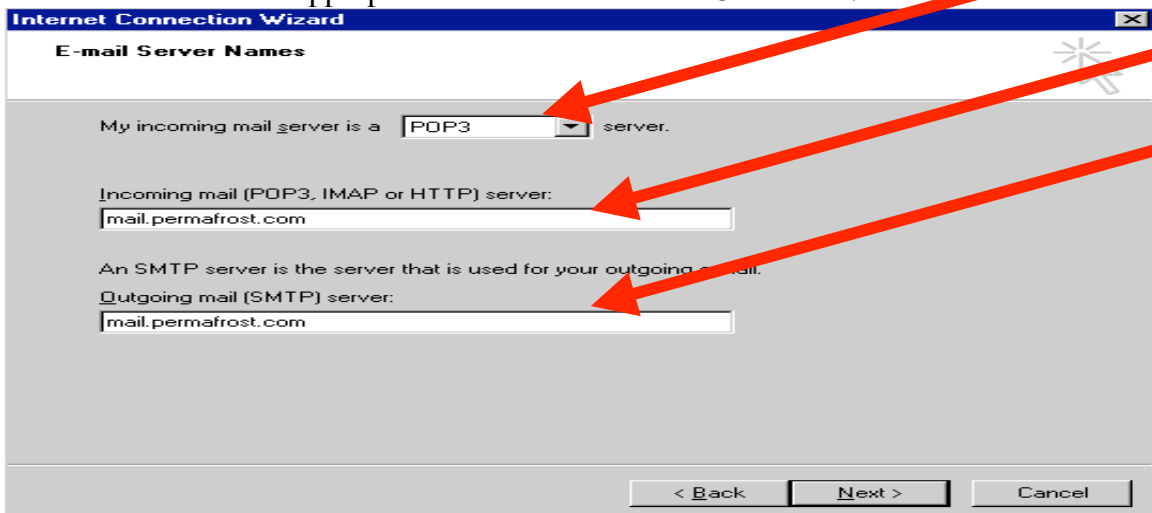


5. The next step is to enter your **Email Address**. New North Networks will provide this to you. Type in your email address.



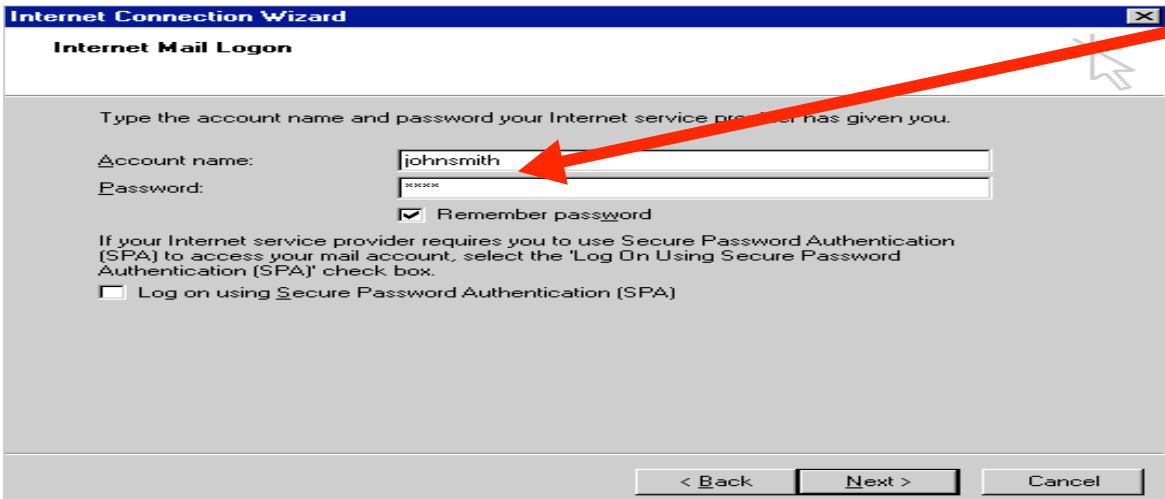
The screenshot shows the 'Internet Connection Wizard' window at the 'Internet E-mail Address' step. The title bar reads 'Internet Connection Wizard'. Below the title bar, the text says 'Your e-mail address is the address other people use to send e-mail messages to you.' There is a text input field labeled 'E-mail address:' containing 'johnsmith@permafrost.com'. Below the field, it says 'For example: someone@microsoft.com'. At the bottom, there are three buttons: '< Back', 'Next >', and 'Cancel'. A red arrow points from the top right towards the email address input field.

6. In the next window, make sure that **POP3** is selected in the drop down list of Incoming mail servers, and type in the name of your **Incoming** and **Outgoing** mail servers in the appropriate area of the window. Click the **Next** button.



The screenshot shows the 'Internet Connection Wizard' window at the 'E-mail Server Names' step. The title bar reads 'Internet Connection Wizard'. Below the title bar, the text says 'My incoming mail server is a' followed by a dropdown menu showing 'POP3' and the word 'server.'. Below this, there are two text input fields. The first is labeled 'Incoming mail (POP3, IMAP or HTTP) server:' and contains 'mail.permafrost.com'. The second is labeled 'Outgoing mail (SMTP) server:' and also contains 'mail.permafrost.com'. At the bottom, there are three buttons: '< Back', 'Next >', and 'Cancel'. Three red arrows point to the dropdown menu, the incoming mail server field, and the outgoing mail server field.

7. For the last step, you will be asked to enter the **Username** and **Password** for your email account. Username will be the name of your email address (before @permafrost.com) and whatever password you chose for your account. Click the **Next** button.



The screenshot shows the 'Internet Connection Wizard' window at the 'Internet Mail Logon' step. The title bar reads 'Internet Connection Wizard'. Below the title bar, the text says 'Type the account name and password your Internet service provider has given you.' There are two text input fields: 'Account name:' containing 'johnsmith' and 'Password:' containing 'xxxx'. Below the password field is a checked checkbox labeled 'Remember password'. Below that, there is a paragraph of text: 'If your Internet service provider requires you to use Secure Password Authentication (SPA) to access your mail account, select the 'Log On Using Secure Password Authentication (SPA)' check box.' Below this is an unchecked checkbox labeled 'Log on using Secure Password Authentication (SPA)'. At the bottom, there are three buttons: '< Back', 'Next >', and 'Cancel'. A red arrow points to the 'Account name' input field.

8. Congratulations, your email is now configured. Click the **Finish** button to exit the wizard

